

Prevention

Partnership for Success (PFS) II Prevention Grant

The PFS is a 3-year Substance Abuse and Mental Health Services Administration (SAMHSA) grant. It builds on accomplishments of Vermont's successful Strategic Prevention Framework State Incentive Grant (2005 – 2011), which led to significant reductions in binge drinking among school age youth.

Award Amount: \$3,565,584 Total (\$1,188,528 per year for 3 years)

Goals

- Reduce underage and binge drinking among persons aged 12 to 20
- Reduce prescription drug misuse and abuse among persons aged 12 to 25
- Increase state, regional and community capacity to prevent underage drinking and prescription drug misuse

Vermont Approach

- Office of Local Health staff lead district wide stakeholder planning
- Community-based organizations lead implementation
- Statewide training and communications services

Site Selection Criteria

- Alcohol and prescription drug misuse prevalence data
- Number of 10-24 year-olds
- Socioeconomic disparities
- Capacity to meet complex grant requirements

Six Intervention Sites

- Barre District
- Burlington District
- Rutland District
- Brattleboro District
- Morrisville District
- Windsor County (WRJ District Leads)

Funds Support

- Regional interventions - \$130,000 per region
- Statewide training, evaluation, communications

Example

Windham PFS Plan

- Community education on policy approaches
- Enhanced enforcement/retailer recognition
- Media advocacy
- Promotion of VPMS, drug take-back days and disposal sites
- Community education on safe storage and disposal
- Parent education: Guiding Good Choices and Parenting Wisely
- Education and coaching for mentors/Above the Influence youth training

Community-Based Prevention Grants

The Division of Alcohol and Drug Abuse Programs (ADAP) is a partner in the Vermont Department of Health (VDH) Community-Based Prevention Grants program. The aim of the program is to reduce health care costs through healthy community design.

Goal

- Reduce underage drinking
- Reduce high-risk drinking by Vermonters under age 25

Funded strategies

- media and social marketing campaigns targeted at parents and youth
- local policy changes to reduce access to alcohol
- joint efforts with local law enforcement
- community education
- family education and support

See *CHAMPPS Healthy Communities*

Intervention

School-Based Substance Abuse Services Grants

Twenty-one supervisory unions and school districts deliver substance abuse prevention and early intervention services as part of a coordinated school health program. Supported services include screening and referral, classroom curricula, staff training, parent programs, and organization of youth empowerment groups.

Goal

- Reduce past month use of alcohol, marijuana or any illicit drugs during the past 30 days among adolescents (age 12-17)
- Reduce binge drinking among adolescents (age 12-17)
- Increase school capacity to implement substance abuse prevention and early intervention strategies within overall school health framework

Grants

- FY13-15, 3 years
- Program total \$830,000 per year, up to \$40,000 per SU grantee
- 10% local match required
- Training and evaluation

Services

Required activities include:

- Support of coordinated school health initiatives (all 21 grantees)
- Screening and referral to substance abuse and mental health services (all 21 grantees)

Optional activities include:

- Support of classroom health curricula (17 grantees)
- Advising and training of youth empowerment groups (20 grantees)
- Delivery of parent information and educational programs (20 grantees)
- Delivery of teacher and support staff training (21 grantees)
- Delivery of educational support groups (17 grantees)

Evaluation

Examples of FY13 Progress:

- All 21 grantees met the grant requirements for FY13 and have been renewed for FY14.
 - 71% (vs. 57%) now review data annually for planning
 - 100% (vs. 86%) now collaborate with community partners
 - 95% (vs. 86%) now have a mental health/substance abuse referral process for students
 - 81% (vs. 67%) now have a health education curriculum that addresses Vermont's Health Education Grade Expectations for alcohol, tobacco and other drugs
- Screening and referral to substance abuse and mental health services (all 21 grantees)
 - Over 1500 students were screened in 2012-2013

Outcome Evaluation

Outcomes will be tracked through the Youth Risk Behavior Survey over 3 time points (2011, 2013, and 2015), with 2011 serving as the baseline.

- Indicators will include substance use measures (past 30 day use of alcohol, marijuana and other illicit drugs and binge drinking) as well as risk and protective factors (also referred to as intervening variables) for adolescent alcohol and marijuana use including:
 - Feeling valued at school
 - Perceived risk of alcohol use
 - Perceived risk of marijuana use

SBIRT Grant

Screening, Brief Intervention and Referral to Treatment (SBIRT)

Award Amount: \$9,900,000 over 5 years

The Vermont Department of Health Division of Alcohol and Drug Abuse Programs received a 5 year, \$9,900,000 million dollar grant award from SAMHSA's Center for Substance Abuse Treatment to implement evidence-based SBIRT services to help identify and reduce substance misuse in Vermont adults aged 18 year and older.

Vermont SBIRT will take place in the following types of healthcare settings: Community Health Centers (FQHCs), Clinics for the Uninsured, University of Vermont-Student Health Center, Central Vermont Medical Center/Satellite Primary Care Clinics and the Vermont National Guard Camp Johnson Medical Center.

This grant extends Vermont's progress under the blueprint for health initiatives by further integrating behavioral health and physical health to focus on substance use risk for all Vermonters similar to the risk of any medical disorder like heart disease or diabetes.

Target Populations

Primary:

- Lower income
- Less formal education
- Diverse racial/ethnic background

Secondary:

- Young adults aged 18-25
- Selected because of high rate of misuse
- Combined with the highest unmet treatment need

Treatment/Recovery

State Youth Treatment Grant

The Substance Abuse and Mental Health Services Administration (SAMSHA) titled this grant opportunity: FY2013 Cooperative Agreements for State Adolescent and Transitional Aged Youth Treatment Enhancement and Dissemination (Short Title: State Youth Treatment).

Award Amount: \$3,800,000 (\$950,000 per year for 4 years)

The Vermont Department of Health (VDH) Division of Alcohol and Drug Abuse Programs (ADAP) has been awarded a four year, \$950,000 per year federally funded cooperative agreement with SAMHSA. This funding opportunity is designed to implement the use of two evidence-based treatment practices:

- Seven Challenges, targeting adolescents
- Seeking Safety, targeting young adults

This grant will support the adoption and delivery of the practices in two pilot treatment agencies, and currently plan and implement program, policy and systems changes that will enable the expanded adoption of these practices across Vermont's youth treatment system. Project is to be implemented by ADAP in partnership with four subcontractors:

- Washington County Youth Services Bureau
- Centerpoint Adolescent Treatment Services (a Division of the Howard Center)
- AdCare Educational Institute of Maine (AdCare)
- Vermont Child Health Improvement Program (VCHIP).

The project's efforts will be guided at the policy level by a broad based, multi-dimensional Youth Service System Enhancement Council (YSSEC).

Hub & Spoke Initiative

Currently three regions (Franklin, Grand Isle, Chittenden, and Addison; Lamoille, Washington, and Orange; Windham and Windsor) are operating, providing comprehensive opioid services to Vermonters. The 4th region (Rutland and Bennington) is due to come on line in October. The fifth and final region (Caledonia, Essex and Orleans) will be up and operational by January 1, 2014.

In all these regions Vermonters have access to a specialty care, co-occurring service that has the ability to offer Medication-Assisted Therapy if appropriate. These state of the art centers are leading the country in its innovative approach to opiate services.